



兒童乒乓球啟蒙班

Table Tennis Beginner Class

通過本課程學員可學習乒乓球的基本動作，包括握板、站姿、擊球方法等。有助提升學員的體能、反應及敏捷度。除了鍛煉體魄，更有助提升學員的專注力及培養運動興趣，對未來學習及健康有幫助。Students can learn basic table tennis techniques in this course, including grips, posture, and hitting methods. This may improve physical fitness, reaction time, and agility, while also enhancing concentration and fostering an interest in exercise, benefiting future learning and health.

查詢 Enquiry: 2540 0526

課程編 Course Code	導師 Tutor	日期 Date & 時間 Time				堂數 Session	費用 Fee	上堂地點 Venue	對象 Target	人數 Quota
星期五 FRIDAY 17:00 - 18:00										
4921.TT.2509.517	Enjoyable Table Tennis	5/9	12/9	19/9	26/9	8	\$1,080	Rm 108 室	Aged 4-10 歲	5 - 10 per- sons
		3/10	10/10	17/10	24/10					
4921.TT.2511.517	Club 樂研乒乓會	31/10	7/11	14/11	21/11					
		28/11	5/12	12/12	19/12					

導師資歷 Tutor Qualifications

- 20 年任教乒乓球經驗
20 years of coaching experiences
- 在多間學校及機構執教
Coaching in different schools and organizations
- 香港乒乓總會中級教練
Recognized intermediate coach of Hong Kong Table Tennis Association
- 香港乒乓總會註冊裁判長
Recognized referee of Hong Kong Table Tennis Association



李福有教練 Lee Sir

備註 Remarks

- 不設補堂及調堂 No make-up classes
- 學員請著簡單運動服上課 Suitable sport wear is preferred
- 公眾假期不用上課 No lesson on public holiday

乒乓球自組班 Table Tennis Self-formed Class

- ※ 滿 3 人可自由組班，上限 8 人。
Form a group with a **minimum 3 people** and within 8 people.
- ※ 因應導師提供之時間彈性安排上課。
Having a flexible schedule according to instructor' s availability.
- ※ 課程內容按學員水平及由教練制定。
The course contents depend on the student' s level and are arranged by the tutor.
- ※ 上課日期確定後不得作更改及不設補課。
There will be no changes and make-up classes after the confirmation of date.
- ※ 課堂需於 2 個月內完成。
Lessons must be completed **within 2 months**.

課程 Course	日期 時間 Date Time	價錢 Fee	對象 Age	堂數 Lessons	上課地點 Venue	人數 Quota
自組班 Self-formed Class	個別協商 Negotiable	\$780 /每個學生 Per Student /4 堂 Lessons	4 歲或以上 Aged 4 or above	4	必列者士街會所 Bridges Street Centre	3-8

- ※ 1 人即可開班，上限 2 人。
A group with **1-2 people** could be formed.
- ※ 因應導師提供之時間彈性安排上課。
Having a flexible schedule according to instructor' s availability.
- ※ 課程內容按學員水平及由教練制定。
The course contents depend on the student' s level and are arranged by the tutor.
- ※ 如需請病假/事假需 24 小時前通知本會職員，否則不會補堂。
For student is unable to attend the lesson on that day, please give notice to our staff at least 24 hours before lesson start.
- ※ 每次交易只可安排一堂補堂。
Every transaction allow for 1 make up class only

乒乓球 個別專教班 Table Tennis Private Class

課程 Course	日期 時間 Date Time	價錢 Fee	對象 Age	堂數 Lessons	上課地點 Venue	人數 Quota
專教班 Private Class	個別協商 Negotiable	1 人: \$580 / 人 / 1 小時 1 Student: \$580/ 1 hour 2 人: \$320 / 人 / 1 小時 2 Students: \$320/ per Student /1 hour	4 歲或以上 Aged 4 or above	/	必列者士街會所 Bridges Street Centre	1-2

備註 Remarks

- 自組班不設補堂及調堂 No make-up classes of self-formed class
- 學員必須於課程開始前繳交課堂費用 The course fee must be paid before the course commence
- 公眾假期不用上課 No lesson on public holiday

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