

# 足球班 Soccer Class



本課程提供一個**安全、開心、有趣的環境**，供小朋友享受踢足球的樂趣。課堂會教授足球的基本技術和體能訓練來鍛煉小朋友的**敏捷能力**、發展肢體協調能力和學習**團隊合作精神**。The course focus on developing trainees' **agility, coordination and team work** through practicing football drills and **games-based competition** under a safe environment.

負責同工 Responsible Worker: Mandy 2540 0526

香港中華基督教青年會必列者士街會所獲二零二三至二零二四年度戴麟趾爵士康樂基金(主要基金)撥款資助非建設工程計劃下購置的體育康樂用品。

Chinese YMCA of Hong Kong Bridges Street Centre has been granted funding from the Sir David Trench Fund for Recreation (Main Fund) for 2023-2024 to support its purchase of sports / recreational equipment under Non Capital Works Projects.



## 導師資歷 Tutor Qualification

鄭 SIR (CHENG SIR)

獲得亞洲足球聯合會 C 級教練證書 Asian Football Confederation C License

逾 20 年教授足球的經驗 Over 20 years experience on football coaching

· · · 恆常班 Regular Class · · ·

上課地點 Venue

卜公花園足球場 Blake Garden Football Court / 會所 Centre LG3

課程編號 Course Code	導師 Tutor	日期 Date	時間 Time	假期 Holiday	堂數 Session	費用 Fee	對象 Age	人數 Quota
4921.FB.2508.217	Cheng Sir	5/8 12/8 19/8	星期二 TUE 17:30-	/	6	\$750	5-12	8-20 人 Persons
		26/8 2/9 9/9	19:00					

## 備註 Remarks

★ 公眾假期不用上課。 No lesson on Public Holidays. ★ 所有課程提供基本器材。 Basic equipment will be provided.

★ 學員請穿著簡單運動服上課。 Sport wear is preferred.

★ 學員必須於課程開始前繳交課堂費用。 The course fee must be paid before the course starts.

★ 戶外場地的使用將受到康樂及文化事務署場地供應的限制。如若該課堂因此受到影響，將會改為會所室內進行。

The use of outdoor venues is subject to the limitations imposed by the LCSD. If lesson is affected, it will be moved to the Centre LG3.

★ 如遇上天雨 / 地下濕滑，將改於會所室內進行(或按情況取消)。

In case of rain or slippery ground, classes will be held indoors in our Centre activity room. (or canceled depending on the situation).

★ 因天氣或場地問題，不設補堂、調堂及不會退費處理。

No make-up classes, rescheduling, or refunds will be provided due to weather or venue issues.