



三天 獨木舟及少年獨木舟考章課程

(一星章, 二星章及三星章) (少年獨木舟海星章、海馬章、海豹章)

3 Days Canoe/Kayak & Junior Canoe/Kayak Course

(One Two Three Star Award Training Course) (Starfish, SeaHorse, Seal Award Training Course Certificate)

程序編號 Program I/O : (8-13 歲) 492100978a, (14 歲或以上) 492100978b

對象 Target : 8 歲或以上會友及在無浮物協助下能游 50 米

(Members aged 8 or above and able to swim 50 meters without floating aids)

日期 Date : 16/07/2024(二 TUE), 17/07/2024(三 WED), 19/07/2024(五 FRI)

時間 Time : 0930-1700

地點 Venue : 大美督戶外活動中心

集合及解散 九龍會所 Kowloon Centre

Registration & Dismissal :

名額 Quota : 2 / 年齡組別 Age group

費用 Fee : \$2100 (包括 include •獨木舟租用 Canoe rental•教練費用 instruction fee•午膳 lunch•交通 transportation•證書 certificate)

查詢 Enquiry : 2540 0526 (張柱輝先生 Mr. Cheung)

備註 Remarks :

完成評核者可獲獨木舟總會頒發相關獨木舟訓練章別

Certificates of the Hong Kong Canoe Union will be issued upon successful completion

*出席率要求為 100%

*Full attendance required

8-13 歲會友報讀少年獨木舟課程考取海星章、海馬章、海豹章

Member aged 8 to 13 will taking Starfish, SeaHorse, Seal Award

14 歲以上會友報讀獨木舟考取一、二、三星課程

Member aged 14 or above will taking One, Two, Three Star Award

*必須攜帶能包腳跟及腳趾的鞋作保護及自備個人游泳用品

*Please bring toe and heel-protected shoes for protection and personal swimming gear

於 31/5 或以前報名
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May 31!!