

# Ballet Class

# 芭蕾舞班



課程按 Australian Teachers of Dancing (ATOD)及英國皇家芭蕾舞學院考試(RAD)大綱教授各級內容，從基本步法開始教授舞蹈技巧，訓練學生的身體協調、旋轉、柔軟度、靈巧度、平衡力、重心轉移。水平達標之學員可經導師推薦報考各級芭蕾舞考試。

The course is taught according to the syllabus of the Australian Teachers of Dancing (ATOD) and the Royal Academy of Dance (RAD). It starts with some basic dancing techniques, developing students' coordination, flexibility, balance and reaction. **Students who meet the standards can apply for the examination recommended by the instructor.**



負責同工 Responsible Worker : 沈家懿 Pat Shum



3 - 5 月 Mar - May

課程編號 Course Code	導師 Tutor	日期 Date				假期 Holiday	時間 Time	星期 Day	堂數 Session	費用 Fee	對象 Age	上課地點 Venue	人數 Quota	
初班 Demonstration Class 4921.BL.2503.610	AP ACADEMY OF DANCE LIMITED	8/3	15/3	22/3	29/3	19/4	10:00	六 SAT	8	\$1,120	2.5 歲或以上 Aged 2.5 or above	RM 108 室	3 - 15 人 Persons	
		5/4	12/4	26/4	3/5		11:00							
中班 PPID Pre-Primary in Dance 4921.BL.2503.611		8/3	15/3	22/3	29/3	19/4	11:00		六 SAT	8	\$1,220			4-5 歲 Aged 4-5
		5/4	12/4	26/4	3/5		12:00							
高班、一級考試班 Primary in Dance, Grade 1 Exam 4921.BL.2503.612		8/3	15/3	22/3	29/3	19/4	12:00		六 SAT	8	\$1,760			6 歲 或以上 Aged 6 or above
		5/4	12/4	26/4	3/5		13:45							

備註 Remarks:

- 不設補堂及調堂。  
No make-up class.
- 公眾假期不用上課。  
No lesson on public holidays.
- 學員必須於課程開始前繳交課堂費用。  
The course fee must be paid before the course commence.
- 所有課程提供基本器材。All classes provide basic equipment.
- 學員需穿芭蕾舞服裝上課。請向職員查詢服裝購買事宜。  
Ballet outfit is required. Please contact our staff for details.
- 新生可於第一堂穿著簡單運動服。  
New student can wear sports outfit for the first lesson.

芭蕾舞班於 2025 年 5 月起  
調整費用，敬請留意。

Please note that the fee of  
Ballet class will be adjusted  
from May 2025.

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5 - 7 月 May - Jul



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初班 Demonstration Class 4921.BL.2505.610	AP ACADEMY OF DANCE LIMITED	10/5	17/5	24/5	7/6	/	10:00	六 SAT	8	\$1,160	2.5 歲或以上 Aged 2.5 or above	RM 108 室	3 - 15 人 Persons	
		14/6	21/6	28/6	5/7		11:00							
中班 PPID Pre-Primary in Dance 4921.BL.2505.611		10/5	17/5	24/5	7/6	/	11:00		六 SAT	8	\$1,260			4-5 歲 Aged 4-5
		14/6	21/6	28/6	5/7		12:00							
高班、一級考試班 Primary in Dance, Grade 1 Exam 4921.BL.2505.612		10/5	17/5	24/5	7/6	/	12:00		六 SAT	8	\$1,800			6 歲 或以上 Aged 6 or above
		14/6	21/6	28/6	5/7		13:45							

備註 Remarks:

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No make-up class.
- 公眾假期不用上課。  
No lesson on public holidays.
- 學員必須於課程開始前繳交課堂費用。  
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