

# 兒童乒乓球啟蒙班 Table Tennis Beginner Class

負責同工 Responsible worker:  
2540 0526 何慧瑩 Koey Ho

通過本課程學員可學習乒乓球的基本動作，包括握板、站姿、擊球方法等。有助提升學員的體能、反應及敏捷度。除了鍛煉體魄，更有助提升學員的專注力及培養運動興趣，對未來學習及健康有幫助。

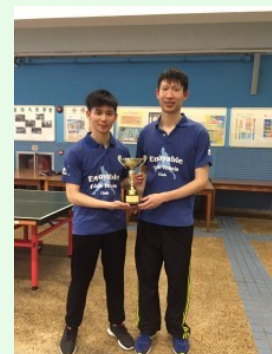
Students may learn the basic technique of table tennis through this course, including main grips, standing posture, hitting methods and so on. Which may help to improve students' physical fitness, reaction and agility. In addition, it also helps to improve students' concentration and cultivate interest in exercising, which is helpful for future learning and health.

課程編號	導師	日期 (星期五)				時間	堂數	費用	上堂地點	對象	人數
4921.TT.2405.517	Enjoyable Table Tennis Club	3/5	10/5	17/5	24/5	17:00 -	8	\$1,080	Rm 108	Aged 4-8 歲	5 - 10 persons
		31/5	7/6	14/6	21/6						
4921.TT.2407.517	樂研乒乓會	28/6	5/7	12/7	19/7	18:00					
		26/7	2/8	9/8	16/8						

課程編號	導師	日期 (星期日)				時間	堂數	費用	上堂地點	對象	人數
4921.TT.2405.711	Enjoyable Table Tennis Club	28/4	5/5	12/5	19/5	11:00 -	8	\$1,080	Rm 108	Aged 4-8 歲	5 - 10 persons
		26/5	2/6	9/6	16/6						
4921.TT.2406.711	樂研乒乓會	23/6	30/6	7/7	14/7	12:00					
		21/7	28/7	4/8	11/8						

## 導師資歷

- 20 年任教乒乓球經驗  
20 years of coaching experiences
- 在多間學校及機構執教  
Coaching in different schools and organizations
- 香港乒乓總會中級教練  
Recognized intermediate coach of Hong Kong Table Tennis Association
- 香港乒乓總會註冊裁判長  
Recognized referee of Hong Kong Table Tennis Association



李福有教練 Lee sir

## 備註 Remarks

- 不設補堂及調堂
- 學員請著簡單運動服上課
- 公眾假期不用上課
- No make-up classes
- Suitable sport wear is preferred
- No lesson on public holiday

## 乒乓球自組班/專教班

### Self-formed class/

### Private class

請聯絡負責同工

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※ 滿 3 人可自由組班，上限 8 人。

Form a group with a minimum 3 people and within 8 people.

※ 因應導師提供之時間彈性安排上課。

Having a flexible schedule according to instructor's availability.

※ 課程內容按學員水平及由教練制定。

The course contents depend on the student's level and are arranged by the tutor.

※ 上課日期確定後不得作更改及不設補課。

There will be no changes and make-up classes after the confirmation of date.

※ 課堂需於 2 個月內完成。

Lessons must be completed within 2 months.

**\$780/4 堂**

### 自組班

### Self-formed Class

課程 Course	日期 時間 Date time	價錢 Fee	對象 Age	堂數 Lessons	上課地點 Venue	人數 Quota
自組班 Self-formed Class	個別協商 Negotiable	\$780 /每個學生 Per student /4 堂 lessons	4 歲或以上 Aged 4 or above	4	必列者士街會所 Bridges Street Centre	3-8

### 私教班

### Private Class

● 1 人即可開班，上限 2 人。

A group with 1-2 people could be formed.

● 因應導師提供之時間彈性安排上課。

Having a flexible schedule according to instructor's availability.

● 課程內容按學員水平及由教練制定。

The course contents depend on the student's level and are arranged by the tutor.

● 如需請病假/事假需 24 前通知本會職員，否則不會補堂。另病假需提交上課當日由註冊西醫或中醫病簽發之病假證明信。

For student is unable to attend the lesson on that day, please give notice to our staff at least 24 hours before lesson start. Otherwise no make up class can be arranged. Due to the sick reason, student need to provide a medial certificate of the date of sick leave.

● 每次交易只可安排一堂補堂。

Every transaction allow for 1 make up class only

課程 Course	日期 時間 Date time	價錢 Fee	對象 Age	堂數 Lessons	上課地點 Venue	人數 Quota
私教班 Private Class	個別協商 Negotiable	1 人: \$580 / 人 / 1 小時 1 student: \$580/ 1 hour 2 人: \$320 / 人 / 1 小時 2 Students: \$320/	4 歲或以上 Aged 4 or above	/	必列者士街會所 Bridges Street Centre	1-2

### 備註 Remarks

● 自組班不設補堂及調堂

● 學員必須於課程開始前繳交課堂費用

● 公眾假期不用上課

● No make-up classes of self-formed class

● The course fee must be paid before the course commence

● No lesson on public holiday